

Local Menu Highlights

Our menus are full of nutritious foods parents will feel good about and children will love. We have focused on sourcing locally and Canadian made ingredients throughout our seasonal menu (see reverse side). Below you will find some of our local and Canadian highlights:

APPLES

We receive our apples directly from Ontario and are included in our Chunky Apple Muffins, Apple Cinnamon Loaf, Apple Roast Chicken and on their own as a snack.



MIXED VEGETABLES

Our vegetable sides are grown on Ontario, Quebec and BC farms. They are frozen at their peak freshness. These Canadian grown vegetables are nutritious and colourful to help kids develop a love for vegetables.



ARTISAN BREAD

Our unique artisan breads are handmade in Toronto with only whole ingredients, ensuring freshness everyday.

MILK

Our dairy comes from Ontario and Quebec Dairy farms, with two-thirds of the milk coming from dairy farms within 100 km from the production facility in Belleville, Ontario.



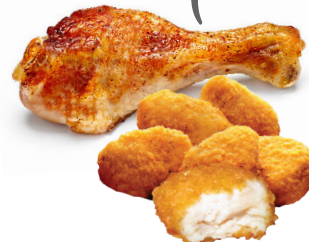
BAKED GOODS

Our baked items are made in Ontario using natural, 100% plant-based, GMO-free ingredients.



CHICKEN

Our all white meat, breaded chicken pieces and chicken drumsticks come from Ontario and Canadian farms and are hormone free.



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